

Resources for Parents/Trusted Adults/Caregivers about Childhood Sexual Abuse

National Center for Missing & Exploited Children	https://www.missingkids.org Online safety: https://www.missingkids.org/blog/blog_collection_prevention
Little Warriors	https://littlewarriors.ca Be Brave Bridge (online program for children and teens impacted by child sexual abuse): https://littlewarriors.ca/be-brave-bridge/
Stop Sex With Kids	Safety strategies for children: https://www.stopsexwithkids.ca/app/en/children
Canadian Centre for Child Protection's Kids in the Know	Builds skills that increase their public safety and reduce their risk of (online) victimization: https://www.kidsintheknow.ca/app/en/ Social media safety: https://www.kidsintheknow.ca/app/en/social_media
Canadian Centre for Child Protection	https://www.protectchildren.ca/en/
Cybertip Internet Safety	Internet safety information for caregivers of children (5-11 years): https://www.cybertip.ca/app/en/internet_safety Internet safety information for caregivers of youth (12+ years): https://www.cybertip.ca/app/en/internet_safety-for_youth
Government of Canada	Sexual Abuse Counselling: A guide for Parents and Children https://www.canada.ca/en/public-health/services/health-promotion/stop-family-violence/prevention-resource-centre/children/sexual-abuse-counselling-guide.html

Sexual Health Information for Children

Talking to Children and Youth about Sexual Health	https://myhealth.alberta.ca/sexual-reproductive-health/talking-to-children-and-youth
Sexual Education for Children	https://www.fraserhealth.ca/health-topics-a-to-z/school-health/sex-education-and-sexual-identity/sexual-education#.YLMGwC-96RY
Sexuality: What Children Should Learn and When	https://www.aboutkidshealth.ca/Article?contentid=716&language=English
Talking With your Child about Sex	https://www.healthlinkbc.ca/health-topics/te7292spec
Teaching Sexual Health	https://teachingsexualhealth.ca/parents/information-by-age/
Talking to your Kids about Sexual Health	https://ckphu.com/talking-to-your-kids-about-sexual-health/
Talking to your Child about Sexuality	https://peelregion.ca/health/sexuality/pdf/info-parents-talk-child-sexuality.pdf

Resources to Prevent Sexual Abuse

<i>It's MY Body</i>	Lory Freeman	Freeman, L. (1984). <i>It's MY Body</i> . Parenting Press.	<i>Written to help adults and preschool children talk about sexual abuse together in a way which minimizes embarrassment and fear, but emphasizes self-reliance and open communication.</i>
<i>Keeping Kids Safe: A Child Sexual Abuse Prevention Manual. (2nd edition)</i>	Pnina Tobin and Sue Levinson Kessner	Tobin, P., & Kessner, S. L. (2002). <i>Keeping Kids Safe: A Child Sexual Abuse Prevention Manual. (2nd edition)</i> . Hunter House Publishers.	<i>Arms children with safety skills and helps adults teach kids prevention strategies.</i>
<i>The Most Important Rule of All</i>	Pam Church	Church, P. (1997). <i>The Most Important Rule of All</i> . Prevention and Motivation Programs, Inc.	<i>A read-aloud storybook about child sexual abuse and protection skills for use with children ages 4-8 years.</i>

<i>My Body is Private</i>	Linda Walvoord Girard and Rodney Pate	Girard, L. W., & Pate, R. (1992). <i>My Body is Private</i> . Albert Whitman & Co.	<i>Julie, who is 8 or 9, talks about privacy and about saying “no” to touching that makes her uncomfortable.</i>
<i>The Right Toch: A Read-Aloud Book to Help Prevent Child Sexual Abuse.</i>	Sandy Kleven	Kleven, S. (1998). <i>The Right Toch: A Read-Aloud Book to Help Prevent Child Sexual Abuse</i> . Illumination Arts Publishing.	<i>Young Jimmy’s mom explains the difference between touches that are positive and touches that are secret, deceptive or forced.</i>
<i>Talk for Parents and Kids – Safety DVD</i>	Pam Church		<i>You will learn the Five Body Safety Rules around the issue of Good-Touch/Bad-Touch®.</i>
<i>Telling isn’t Tattling</i>	Kathryn Hammerseng	Hammerseng, K. (1996). <i>Telling isn’t Tattling</i> . Parenting Press.	<i>This resource presents 13 typical examples of children telling or tattling and asks young readers to judge whether the characters are “tattling” or “telling”.</i>
<i>Those are MY Private Parts</i>	Diane Hansen	Hansen, D. (2005). <i>Those are MY Private Parts</i> . Empowerment Productions.	<i>Parents and caregivers can use this read-aloud rhyme as a tool to teach children sexual abuse prevention and empower their young children to say NO.</i>
<i>Your Body Belongs to You</i>	Cornelia Spelman	Spelman, C. (2000). <i>Your Body Belongs to You</i> . Albert Whitman & Co.	<i>Explains that a child’s body is their own; that it is all right to for children to decline a friendly hug or kiss, even from someone they love; and that “even if you don’t want to hug or kiss right now, you can still be friends.”</i>
<i>When I was Little Like You</i>	Jane Porett	Porett, J. (2000). <i>When I was Little Like You</i> . CWLA Press.	<i>Can help the youngest children understand what sexual abuse is, what it is not, and what they can do to keep themselves safe from assault.</i>

Resources to Educate Adults about Preventing Child Sexual Abuse

<p><i>The Stop Child Molestation Book: What Ordinary People can do in their Everyday Lives to Save Three Million Children</i></p>	<p>Gene G. Abel and Nora Harlow</p>	<p>Abel, G. G., & Harlow, N. (2001). <i>The Stop Child Molestation Book: What Ordinary People can do in their Everyday Lives to Save Three Million Children</i>. Xlibris.</p>	<p><i>Using new facts from their study of 16,000, authors urge families to take three powerful steps to protect their children.</i></p>
<p><i>The 5 Steps to Protecting our Children: Preventing, Recognizing, and Reacting Responsibly to Child Sexual Abuse – A Guide for Responsible Adults</i></p>	<p>Darkness to Light</p>	<p>https://www.d2l.org/education/5-steps/</p>	<p><i>A training program for adults looking to help prevent child sexual abuse and protect children.</i></p>
<p><i>Do Children Sexually Abuse Other Children</i></p>	<p>Stop It Now!</p>	<p>https://www.stopitnow.org/sites/default/files/documents/files/do_childr_en_sexually_abuse_other_children.pdf</p>	<p><i>A guide for everyone involved in bringing up children. It explains that some children do sexually abuse other children, describes how adults can recognize the warning signs, and outlines some actions adults can take to prevent sexual abuse.</i></p>
<p><i>Hear their Cries: Religious Responses to Child Abuse</i></p>			<p><i>This award-winning video on the role of clergy and lay leaders in ending child abuse is a critical resource.</i></p>
<p><i>Information for Parents on Child Sexual Abuse</i></p>	<p>Speak Up Be Safe</p>	<p>https://www.childhelp.org/subs/childhelp-speak-up-be-safe/</p>	<p><i>The program uses an ecological approach to prevention education by providing materials to engage parents and caregivers, teachers, school</i></p>

			<i>administrators, and community stakeholders.</i>
<i>Preventing Sexual Abuse: Activities and Strategies for those Working with Children and Adolescents.</i>	Carol A. Plummer	Plummer, C. A. (1997). <i>Preventing Sexual Abuse: Activities and Strategies for those Working with Children and Adolescents.</i> Learning Publications.	<i>This book provides activities to reduce the likelihood that young people will be subjected to sexual abuse. It explains the ways children and youth typically get tricked or trapped, that sexual abuse is not "normal", such secrets are inappropriate, and that they have permission to refuse unwanted touch.</i>